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Dear Parent/Carer

Your child will be attending school swimming lessons at Wirksworth Swimming pool during the Summer term.

They will be attending on Wednesday mornings.

Please be aware of the following rules:

Swimwear must be suitable for the purpose and preferably of a dark colour to enable the swimmer to be seen clearly underwater. Girls must wear a one-piece swimming costume and boys must wear swimming trunks. The School Swimming Instructor may allow boys to wear appropriate shorts; however these must not be below the knee. Large baggy shorts will impede the pupil's movements in the water, as well as restrict the view of the teachers in seeing the movements that limbs and joints are making in the water.

Goggles should only be allowed exceptionally, when chemicals in the water may adversely affect eyes. Goggles should be made of unbreakable plastic or rubber materials and children taught to use them correctly and safely prior to their attendance at the pool. Pupils who wish to wear goggles must have a permission slip signed by their parent/guardian/carer (included on the Information Form).

Hair must be tied back if long or of a length which might impair vision. It is highly recommended that children wear swimming hats. For facilities that share the pool with members of the public, it is very **strongly** recommended that children wear swimming hats, to ensure that pupils are easily identified.

Jewellery/watches must be removed prior to the swimming lesson (plasters covering newly pierced parts of the body will not be allowed due to plasters in the water becoming a choking hazard). It is strongly advisable that any pupils that wish to have body piercing do so at the beginning of the School Summer holidays.

Safety medic-alert bracelets or necklaces should be removed and given to the Adult in Charge for safe keeping during the swimming lesson and returned to the pupil immediately the pupil exits from the water. If the bracelet is unable to be removed it may be taped over securely with waterproof tape.

Yours sincerely

Mrs L Foster
Headteacher